



**Chronic Care Management
(CCM) and Remote patient
monitoring (RPM) solutions**



Era Of Proactive Healthcare Management

Welcome to an era of proactive healthcare management where technology empowers continuous care for patients with chronic conditions. Our Chronic Care Management (CCM) and Remote Patient Monitoring (RPM) programs are designed to enhance the quality of life and health outcomes. Engage in a seamless healthcare experience that prioritizes patient wellness and convenience.

WHAT IS CCM AND RPM?

Chronic Care Management (CCM)

Chronic Care Management (CCM) is a service that involves coordinated care for patients with multiple chronic conditions. This service is characterized by structured recording of patient health information, the creation of a comprehensive electronic care plan, managing care transitions, and ensuring that patient information is shared in a timely manner among all practitioners and providers.

Remote Patient Monitoring (RPM)

Remote Patient Monitoring (RPM) utilizes digital technology to collect health data from individuals in one location and electronically transfer it to healthcare providers in another location for evaluation and recommendations. This innovative approach allows for real-time health monitoring and swift response to potential health issues.



ELIGIBILITY

Eligibility for CCM and RPM services typically requires patients to have multiple chronic conditions that are expected to last at least 12 months or until the death of the patient. Our team can assist you in determining your eligibility and guide you through the enrollment process.



BENEFITS

- **Early Detection:** Regular monitoring leads to early identification of health concerns, allowing for prompt intervention.
- **Customized Care:** Care plans are uniquely designed for each individual's health requirements.
- **At-Home Convenience:** Manage your health from the comfort of your own home.
- **Continuous Support:** Our healthcare team offers ongoing support and education.
- **Cost-Effective:** By preventing hospital readmissions and promoting better health management, CCM and RPM can significantly reduce healthcare costs.

Contracting and Upfront Costs

We believe in transparent and patient-friendly healthcare access. That's why we offer our CCM and RPM services with

- ▶ No Upfront Costs: There are no initial fees for patients to start benefiting from our services.
- ▶ Medicare and Affiliate Billing: We bill Medicare or other insurance affiliates directly, alleviating financial concerns for eligible patients.

Devices and Consumables

Our state-of-the-art RPM devices are easy to use, reliable, and fully integrated with our monitoring platform. They include but not limited to

- Blood Pressure Monitors
- Blood Glucose Meters
- Pulse Oximeters
- Weight Scales

Consumables such as test strips, lancets, and batteries are also provided, ensuring that patients have everything they need for accurate and consistent monitoring.





UPDATING YOUR HEALTH RECORD

Our CCM and RPM programs ensure that your health records are updated in real-time, reflecting the most current information. This continuous update process allows healthcare providers to make informed decisions based on accurate and timely data.



CARE COORDINATION

We prioritize seamless care coordination, ensuring that all elements of a patient's healthcare are organized across all care settings. Care coordination involves the deliberate organization of patient care activities and sharing of information among all participants concerned with a patient's care to achieve safer and more effective care.



COMPREHENSIVE CARE MANAGEMENT & CARE PLAN

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How Chronic Care Management Helps Achieve Healthcare Goals

Chronic Care Management aids in

- Reducing the progression of disease
- Enhancing patient engagement in their own care
- Improving adherence to prescribed care plans and medications
- Decreasing the likelihood of hospitalization

Getting Started with Chronic Care Management and RPM for your practice

Here at Vitality Track, we have the following process:



Assess your eligibility



Explain the benefits and how our services can be tailored to your needs



Guide you through the enrollment process



After sending the letter, your RPM vendor should call patients seven days later to reaffirm the program's details; never coerce patients into RPM programs, but offer reliable information.



THE BENEFITS OF RPM AS A BUSINESS OWNER

For business owners in the healthcare sector, Remote Patient Monitoring (RPM) represents a significant opportunity to enhance patient care while also driving business growth. By integrating RPM into your services, you can



Expand Care Delivery



Increase Efficiency



Enhance Patient Outcomes



Attract New Patients



Generate New Revenue
Streams



Patient Engagement and
Compliance Streams

How to Create a Refund Budget, Scale and Grow Your Revenue!

Following guidelines of the Centers for Medicare & Medicaid Services (CMS), most dual enrolled CCM and RPM services are billed under the following CPT codes. The table below is an overview of the billable CPT codes.

Dual Enrollment Medicare Cpt Codes

Service	CPT	Bill Freq	\$ Allowable
Initial Enrollment in RPM	99453	Once	[\$24.44]
Initial Enrollment visit for CCM	G0506	Once	[\$72.61]
Monthly Fee [20 minutes] [RPM]	99457	Monthly	[\$72.26]
Monthly Fee [40 minutes] [RPM]	99458	Monthly	[\$55.56]
Monthly Fee [60 minutes] [RPM]	99458	Monthly	[\$55.56]
Device Reading [16+/mo]	99454	Monthly	[\$56.96]

For more information,
vitality-track.com

CONTACT US!

We offer information for reference purposes only. Vitality Track does not offer billing advice, and this document should not be interpreted as such. Each healthcare provider is accountable for ensuring the correctness and legitimacy of their billing and coding practices.

Discover the Potential Revenue and Opportunities for your Practice

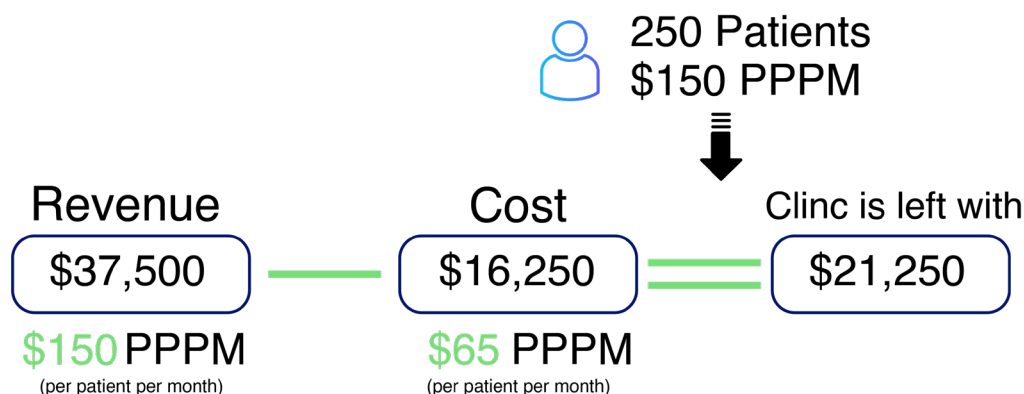
A program like CCM/RPM can significantly improve your clinic's bottom line, here is an analysis that outlines the billing structure, where an average of \$150 per month per patient is invoiced, with our practice charging a \$65 fee per month per patient for service. This results in an average net revenue of \$85 per month per patient for the practice. Our fee structure entails a \$65 monthly charge per patient for the services rendered by our practice.

Average Billing Amount per Patient: \$150 per month

- Fee Charged by Vitality Track: \$65 per month per patient
- Revenue for Your Practice: \$150 - \$65 = \$85 per month per patient

Now, lets illustrate this with an example for a practice with 250 qualified CCM/RPM patients:

- Total Monthly Revenue from 250 Patients: $\$150 \times 250 = \$37,500$ per month (picture)
- Total Fees Collected by Vitality Track: $\$65 \times 250 = \$16,250$ per month
- Net Revenue for Your Practice: $\$37,500 - \$16,250 = \$21,250$ per month



In this scenario, with 250 patients under our care, your practice would generate a net revenue of \$21,250 per month after accounting for the fees charged for the services provided. This example demonstrates the potential financial benefit of incorporating CCM and RPM services to your practice.

Here's a general outline of what you should see in the first three months of our successful Chronic Care Management (CCM) and Remote Patient Monitoring (RPM) program.





Get Started Today!

Take the first step towards a healthier tomorrow. Contact us to enroll in our CCM and RPM programs and embrace the future of healthcare.

Vitality Track, keeping your health on track every step of the way.